

<i>lunedì</i>	
7:15/8:30 Prana Vashya - Fabrizio	13:00/14:00 Prana Vashya Lite - Barbara
11:00/12:00 Vinyasa - Giada	18:30/19:45 Back Bending - Barbara
<i>martedì</i>	
10:00/10:45 Surf Fit Circuit - Marzia	13:00/14:00 Ashtanga - Max
11:00/12:00 Vinyasa - Fabrizio	18:45/20:00 Vinyasa - Elisa
<i>mercoledì</i>	
7:15/8:30 Ashtanga - Max	13:00/14:00 Back Bending - Fabrizio
11:00/11:50 Booty and Core - Bianca	18:00/20:00 Dhyana Vinyasa - Barbara Meditazione + Pratica
<i>giovedì</i>	
11:00/12:00 Vinyasa - Fabrizio	13:00/13:50 Surf Fit Circuit - Marzia
	18:45/20:15 Prana Vashya - Fabrizio
<i>venerdì</i>	
7:45/8:45 Vinyasa - Elisa	13:00/14:15 Dharma - Mark Kan
11:00/12:00 Vinyasa - Erica	18:30/20:00 Back Bending - Fabrizio
<i>sab/dom</i>	
11:00/12:30 On Rotation	11:00/12:30 On Rotation
17:00/18:30 On Rotation	17:00/18:30 On Rotation